

	Programme of Study	Topic	Key Vocabulary - words relating to ...
<b>1</b>	<b>Health and Well Being</b>	Healthy lifestyles	health, well being healthy eating, physical activity, sleep, dental health, health, likes, dislikes, choices, feelings, managing feelings, hygiene, cleanliness, germs
		Growing and changing	achievements, strenghts, goals, target-setting change and loss growing, changing, young to old, independence, body parts inc, external genitalia
		Keeping safe	medicines, household products, safety, risk, road, water, rail, fire, online rules, asking for help, privacy, respecting privacy
	<b>Relationships</b>	Feelings and emotions	communicating, feelings, empathy, behaviour, fair, unfair, right, wrong, body, hurt, comfortable, teasing, bullying
		Healthy relationships	secrets, surprises, safety cooperating, resolving arguments, special people , caring, physical contact, touch, acceptable, unacceptable
		Valuing difference	sharing, discussions, views, opinions, people, similarities, difference
	<b>Living in the Wider world</b>	Rights and responsibilities	classroom rules, rights, repositibilities, needs, groups, communities, roles, everybody, individual, unique, special, people, similarities, commonlities, community, special people, help, emergencies
		Taking care of the environment	environment
		Money	money, spending, saving, safety
			Healthy lifestyles

2	Health and Well Being	Growing and changing	achievements, strenghts, goals, target-setting change and loss growing, changing, young to old, independence body parts inc, external genitalia
		Keeping safe	secrets, surprises, safety cooperating, resolving arguments, special people , caring, physical contact, touch, acceptable, unacceptable
	Relationships	Feelings and emotions	communicating, feelings, empathy, behaviour, fair, unfair, right, wrong, body, hurt, comfortable, teasing, bullying
		Healthy relationships	secrets, surprises, safety cooperating, resolving arguments, special people , caring, physical contact, touch, acceptable, unacceptable
		Valuing difference	sharing, discussions, views, opinions, people, similarities, difference
	Living in the Wider world	Rights and responsibilities	classroom rules, rights, repositibilities, needs, groups, communities, roles, everybody, individual, unique, special, people, similarities, commonlities, community, special people, help, emergencies
		Taking care of the environment	environment
		Money	money, spending, saving, safety
		Healthy lifestyles	balanced lifestyles, choices, health, wellbeing, balanced diet, choices, food, influences, media images, reality and fantasy, true, false, habits, drugs, alcohol, tobacco, medicines and caffeine

# 3

<b>Health and Well Being</b>	Growing and changing	<p>achievements, aspirations, strengths, goals, target-setting, conflicting emotions, feelings, managing feelings , changes, transition, loss, separation, divorce, bereavement, bacteria, viruses, hygiene routines</p> <p>puberty, physical and emotional changes</p>
	Keeping safe	<p>risk, danger, hazard, responsibility, safety, pressure, managing pressure, influences, media,peer, emergency aid help, safety rules</p> <p>safety, roads, cycle, rail, water, fire</p> <p>safety online, personal information, passwords, images</p> <p>advice, support, asking for help</p>
<b>Relationships</b>	Feelings and emotions	<p>feelings, empathy, recognising others' feelings</p> <p>secrets, surprises, personal safety</p> <p>confidentiality, dares, challenges</p>
	Healthy relationships	<p>friendships, families, couples, positive relationships</p> <p>actions, behaviour, consequences</p> <p>physical contact, touch, acceptable, unacceptable</p> <p>collaborative working, shared goals</p> <p>disputes, conflict, feedback, support, negotiation, compromise</p> <p>privacy, sharing, personal boundaries</p>
	Valuing difference	<p>listening, viewpoints, opinions, respect</p> <p>people, identity, similarities, differences, equality</p> <p>discrimination, aggressive behaviour</p> <p>bullying, stereotypes</p>

	<b>Living in the Wider world</b>	Rights and responsibilities	<p>discussion, debate, topical issues, problems, events  rules, laws, making and changing rules  human rights, children's rights  antisocial behaviour, aggression, bullying, discrimination  rights, duties, home, school, environment  resolving difference, points of view, decisions, choices  volunteers, pressure groups, health, wellbeing  difference, diversity, identity, UK  places, values, customs  social media, information, forwarding</p> <p>communities,  people,  people,  media,</p>
		Taking care of the environment	<p>rights, duties, home, school, environment  resolving difference, points of view, decisions, choices  volunteers, pressure groups, health, wellbeing  economics, choices, environment</p> <p>communities,  resoures, sustainability,</p>
		Money	<p>money, spending, saving, budgeting  interest, loan, tax, debt  resoures, sustainability, economics, choices, environment  enterprise skills, entrepreneurs</p> <p>enterprise,</p>
	<b>Health and Well Being</b>	Healthy lifestyles	<p>balanced lifestyles, choices, health, wellbeing,  balanced diet, choices, food, influences,  media images, reality and fantasy, true, false,  habits, drugs, alcohol, tobacco, medicines and caffeine</p>
		Growing and changing	<p>achievements, aspirations, strengths, goals, target-setting,  conflicting emotions,  feelings, managing feelings ,  changes, transition, loss,  separation, divorce, bereavement,  bacteria, viruses, hygiene routines  puberty, physical and emotional changes</p>
		Keeping safe	<p>risk, danger, hazard, responsibility, safety,  pressure, managing pressure, influences, media,peer,  emergency aid help, safety rules  safety, roads, cycle, rail, water, fire  safety online, personal information, passwords, images  advice, support, asking for help</p>

# 4

	<b>Relationships</b>	Feelings and emotions	feelings, empathy, recognising others' feelings confidentiality, secrets, surprises, personal safety challenges	dares,
		Healthy relationships	friendships, families, couples, positive relationships actions, behaviour, consequences physical contact, touch, acceptable, unacceptable collaborative working, shared goals disputes, conflict, feedback, support, negotiation, compromise privacy, sharing, personal boundaries	
		Valuing difference	listening, viewpoints, opinions, respect people, identity, similarities, differences, equality discrimination, aggressive behaviour	bullying, stereotypes
	<b>Living in the Wider world</b>	Rights and responsibilities	discussion, debate, topical issues, problems, events rules, laws, making and changing rules human rights, children's rights antisocial behaviour, aggression, bullying, discrimination rights, duties, home, school, environment resolving difference, points of view, decisions, choices volunteers, pressure groups, health, wellbeing difference, diversity, identity, UK places, values, customs social media, information, forwarding	communities, people, people, media,
		Taking care of the environment	rights, duties, home, school, environment resolving difference, points of view, decisions, choices volunteers, pressure groups, health, wellbeing economics, choices, environment	communities, resources, sustainability,
		Money	money, spending, saving, budgeting interest, loan, tax, debt resources, sustainability, economics, choices, environment enterprise skills, entrepreneurs	enterprise,

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Health and Well Being	Healthy lifestyles	balanced lifestyles, choices, health, wellbeing, balanced diet, choices, food, influences, media images, reality and fantasy, true, false, habits, drugs, alcohol, tobacco, medicines and caffeine bacteria, viruses and hygiene routines
	Growing and changing	achievements, aspirations, strengths, goals, target-setting, conflicting emotions, feelings, managing feelings , changes, transition, loss, separation, divorce, bereavement, puberty, physical and emotional changes human reproduction, babies, sexual intercourse, pregnancy, contraception, parents and carers
	Keeping safe	risk, danger, hazard, responsibility, safety, pressure, managing pressure, influences, media,peer, emergency aid help, safety rules safety, roads, cycle, rail, water, fire safety online, personal information, passwords, images advice, support, asking for help FGM, bodies, safety, abuse mobile phones, responsibility, safe use
Relationships	Feelings and emotions	feelings, empathy, recognising others' feelings confidentiality, secrets, surprises, personal safety dares, challenges
	Healthy relationships	friendships, families, couples, positive relationships relationships, unhealthy, pressure committed, loving relationships, civil partnerships, marriage forced marriage actions, behaviour, consequences physical contact, touch, acceptable, unacceptable collaborative working, shared goals disputes, conflict, feedback, support, negotiation, compromise privacy, sharing, personal boundaries
	Valuing difference	listening, viewpoints, opinions, respect people, identity, equality, stereotypes, discrimination bullying, discrimination, aggressive behaviour

	<b>Living in the Wider world</b>	Rights and responsibilities	<p>discussion, debate, topical issues, problems, events  rules, laws, making and changing rules  human rights, children's rights  practices against human rights, FGM  antisocial behaviour, aggression, bullying, discrimination  rights, duties, home, school, environment  resolving difference, points of view, decisions, choices  volunteers, pressure groups, health, wellbeing  diversity, identity, UK  customs</p> <p>communities,  people, difference,  people, places, values,  media, social media,  information, forwarding</p>
		Taking care of the environment	<p>rights, duties, home, school, environment  resolving difference, points of view, decisions, choices  volunteers, pressure groups, health, wellbeing  economics, choices, environment</p> <p>communities,  resources, sustainability,</p>
		Money	<p>money, spending, saving, budgeting  interest, loan, tax, debt  resources, sustainability, economics, choices, environment  enterprise skills, entrepreneurs</p> <p>enterprise,</p>
	<b>Health and Well Being</b>	Healthy lifestyles	<p>balanced lifestyles, choices, health, wellbeing,  balanced diet, choices, food, influences,  media images, reality and fantasy, true, false,  habits, drugs, alcohol, tobacco, medicines and caffeine  bacteria, viruses and hygiene routines</p>
		Growing and changing	<p>achievements, aspirations, strengths, goals, target-setting,  conflicting emotions,  feelings, managing feelings ,  changes, transition, loss,  separation, divorce, bereavement,  puberty, physical and emotional changes  reproduction, babies, sexual intercourse, pregnancy, contraception, parents and  carers</p> <p>human</p>

# 6

	Keeping safe	<p>risk, danger, hazard, responsibility, safety, pressure, managing pressure, influences, media, peer, emergency aid help, safety rules</p> <p>safety, roads, cycle, rail, water, fire</p> <p>safety online, personal information, passwords, images</p> <p>advice, support, asking for help</p> <p>FGM, bodies, safety, abuse</p> <p>mobile phones, responsibility, safe use</p>
Relationships	Feelings and emotions	<p>feelings, empathy, recognising others' feelings</p> <p>secrets, surprises, personal safety</p> <p>confidentiality, dares, challenges</p>
	Healthy relationships	<p>friendships, families, couples, positive relationships</p> <p>relationships, unhealthy, pressure</p> <p>committed, loving relationships, civil partnerships, marriage</p> <p>forced marriage</p> <p>actions, behaviour, consequences</p> <p>contact, touch, acceptable, unacceptable</p> <p>working, shared goals</p> <p>feedback, support, negotiation, compromise</p> <p>personal boundaries</p> <p>physical collaborative disputes, conflict, privacy, sharing,</p>
	Valuing difference	<p>listening, viewpoints, opinions, respect</p> <p>identity, equality, stereotypes, discrimination</p> <p>discrimination, aggressive behaviour</p> <p>people, bullying,</p>
Living in the Wider world	Rights and responsibilities	<p>discussion, debate, topical issues, problems, events</p> <p>laws, making and changing rules</p> <p>rights, children's rights</p> <p>against human rights, FGM</p> <p>behaviour, aggression, bullying, discrimination</p> <p>home, school, environment</p> <p>points of view, decisions, choices</p> <p>groups, health, wellbeing</p> <p>people, places, values, customs</p> <p>media, social media, information, forwarding</p> <p>rules, human practices antisocial rights, duties, resolving difference, communities, volunteers, pressure people, difference, diversity, identity, UK</p>

	Taking care of the environment	rights, duties, home, school, environment resolving difference, points of view, decisions, choices volunteers, pressure groups, health, wellbeing economies, choices, environment	communities, resources, sustainability,
	Money	money, spending, saving, budgeting interest, loan, tax, debt resources, sustainability, economics, choices, environment	enterprise, enterprise skills, entrepreneurs